

Congratulations on booking your CAPE CAMPBELL TRACK ADVENTURE

You should arrive at Thorpelee Homestead between 3pm and 5pm on the day of your booking. Welcome and briefing will be at 5pm. On the first night you have the option of cooking for yourself or going to the local pub for a meal (about 2.5km from Thorpelee Homestead at Ward village). Your walk begins the next morning.

You'll need to be organised to cater for yourself for the first two days of the walk and also the second night. We'll transport your extra food in your chilly bin, along with your pack to the next cottage. Please remember our luggage restrictions of one bag per person, no more than 15kg and one chilly bin between 2-3 people.

Don't forget to bring cash for purchase of refreshments and food to make your own culinary fare on nights 3 and 4. (Please expect to pay prices similar to a country store).



PACKING SUGGESTIONS

- Sleeping bag & pillowcase
- Towel & Toiletries
- Camera
- Tramping boots or good, sturdy, comfortable footwear
- Putties or Gaitors
- Clothing for changeable weather
- Sunscreen, lip balm & sunhat
- Lightweight sun cover up top
- First aid kit
- Swimwear
- Day pack and drink bottle
- Cash for purchase of food
- Light shoes for beach & rocks

PANTRIES & COOKING

All the cottages have fully equipped kitchens, as well as barbeque facilities on nights 2, 3 and 4. The Lighthouse cottages and Freeth Estate (nights 3 & 4) have pantries with a good choice for breakfast, lunch and dinner, as well as local wine and beer.

The stock listed below may vary from time to time:

Cereal	Cold drinks
Yoghurt	Wine and Beer
Fruit pottles	Noodles and Pasta
Snack bars	Soup
Butter	Tinned fish
Eggs	Pasta Sauce
Coffee	Vegetables
Tea	Dressings
Sugar	Ice Cream
Milk	Jam and Honey
Selection of meats	Pickles Chippies
Paua and Bacon	Nuts
Crackers	Biscuits
Cheese	Chocolate



A reasonable level of fitness is required.
Trampers undertake track at their own risk.
If wet the track can become slippery.
Not suitable for children under 8 years old.
No dogs or fires permitted.

WE LOOK FORWARD TO MEETING YOU AND HOPE YOU
ENJOY YOUR WALK ON THE WILD SIDE!

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